Sports Language Playgroups STEM Arts Workshop

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2022 - 2023

TERM 1 COURSE GUIDE

29TH AUGUST - 18TH DECEMBER

SCHOOL IS BACK!

FOR 6 MONTHS TO 17 YEARS

Taught by a team of experienced and qualified educators, students will be immersed in an environment where they will build confidence in communicating in English. (All classes are conducted in English.)

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ESF SPORTS & LANGUAGE

CLASS GUIDE

SPORTS · LANGUAGE · STEM & ARTS · PLAYGROUP

3 - 17 Years SPORTS

Football
Basketball
Swimming
Tennis
Gymnastics
Netball
Lacrosse
Krav Maga
Multi-Sports
Fencing
Rugby
Hocky
Badminton
Dance

0 - 2 Years EARLY YEARS

Playgroups
Pre-Kindergarten

3 - 5 Years KINDERGARTEN

Drama & Communication
Lower Kindergarten English
Upper Kindergarten English
Phonics
Primary Preparation English
Raring to Read - Kindergarten

NON-ESF? NO PROBLEM! WE ARE

OPEN TO ALL

SUBJECT TO CHANGES & AVAILABILITY!

LIMITED SPOTS

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ESF SPORTS & LANGUAGE

CLASS GUIDE

SPORTS LANGUAGE STEM & ARTS PLAYGROUP

6 - 8 Years YEAR 2 - 4 / P1 - 3

Lower Primary English
Middle Primary English
Lower Primary Writing
Middle Primary Writing
Spanish
Raring to Read - Lower Primary
Raring to Read - Spanish Beginners

9 - 11 Years YEAR 5 - 7 / P4 - 6

Upper Primary English
Upper Primary Writing
Spanish
Raring to Read - Upper Primary
Raring to Read - Spanish Beginners

12 - 15 Years YEAR 8+ / SECONDARY

Lower Secondary English





LANGUAGE PROGRAMMES

Discover All Our Regular Classes In The New Term!

ENGLISH CLASSES

✓ IN-PERSON

3 - 4 YEARS	Lower Kindergarten English
4 - 5 YEARS	Upper Kindergarten English
5 - 6 YEARS	Primary Preparation English
6 - 7 YEARS	Lower Primary English
8 - 9 YEARS	Middle Primary English
10 - 11 YEARS	Upper Primary English
12 - 15 YEARS	Lower Secondary English

The topic-based English programmes bring literature alive to capture imagination and develop the four main language skills of reading, writing, speaking and listening.

For specific skills development, we have Writing programmes which offer more specialised lessons.

Lower Kindergarten English
Ages: 3 - 4 Years

Lower Kindergarten English is for ***K1 students***. The theme-based lessons develop pre-reading, pre-writing, speaking, and listening skills by bringing stories alive to unleash creativity and imagination.

A typical lesson will include structured play, circle time, story, songs, and art, which provides numerous ways for students to develop their language skills and confidence.

Upper Kindergarten English
Ages: 4 - 5 Years

Upper Kindergarten English is for ***K2 students***.

Students will build their vocabulary and practise basic structures through creative arts activities and role play. They will also develop their pencil control and early writing skills.



Primary Preparation English
Ages: 5 - 6 Years / K3 / Year 1

Primary Preparation English is for K3/Year 1 students.

Students will build their vocabulary and practise simple sentence structures through creative arts activities and roleplay, while integrated phonics will develop their early reading and writing skills.

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Lower Primary English
Ages: 6 - 7 Years

From stories and role-play to art and debate, we develop students' language skills through a variety of activities that will instil a love of learning.

The topic-based English programmes bring literature alive to capture imagination and develop the four main language skills of reading, writing, speaking and listening.

Middle Primary English / Upper Primary English
Ages: 8 - 9 Years / Ages: 10 - 11 Years

Middle and Upper Primary English is a topic-based programme that develops reading, writing, speaking, and listening skills. Students will build confidence in expressing themselves in English through creative arts activities, lively discussions, and class debates.

Games, literature, and a progressive coursebook are also included in the lessons to enhance vocabulary, grammar development, and writing skills.

Lower Secondary English
Ages: 12 - 15 Years

Lower Secondary English is **suitable for students aged 12 years and above** to enhance their English. From lively debates and presentations to creative writing and DSE practice, this programme provides a strong foundation for the early years of secondary school.





WRITING CLASS

✓ IN-PERSON

6 - 7 YEARS Lower Primary Writing

8 - 9 YEARS Middle Primary Writing

10 - 11 YEARS Upper Primary Writing

From rhymes and stories to advertisements and arguments, our Primary Writing programmes expose students to a range of text types and techniques. Students will engage in individual and collaborative open-ended projects that will stimulate their imagination and encourage them to write, write, and write!



Lower Primary Writing
Ages: 6 - 7 Years

In Lower Primary Writing, students develop descriptive writing, opinion writing, and learn to write about specific topics that are of interest and relevance.

In this programme, our writers will use fiction and non-fiction genres as learning tools and develop their punctuation and spelling skills. They will develop an understanding of sentence structure and cultivate different literary techniques to enhance their writing, building up a portfolio of work.



Middle Primary Writing
Ages: 8 - 9 Years

In Middle Primary Writing, students will learn about a diverse range of text types to allow them to experiment with both factual and literary writing styles. They will begin to use the writing process to draft, revise, edit and publish their work, paying particular attention to the parts of speech.

Upper Primary Writing
Ages: 10 - 11 Years

Upper Primary Writing is packed full of interesting topics to spark creativity. Our writers will explore different writing structures, develop grammatical structures relating to specific genres, practise proof-reading and editing skills, and learn how to avoid common grammatical mistakes.

They will continue the journey of self- and peer-editing and develop their creativity and imagination, focusing them on their journey to become a strong writer.



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PLAYGROUPS/ PRE-KINDERGARTEN

IN-PERSON



Playgroups at the Premium Learning Centre

Wan Chai

Level 1: 6-12 months
Level 2: 12-18 months
Level 3: 18-30 months



Playgroups at ESF Tung Chung International Kindergarten

Tung Chung

Level 1: 6-12 months
Level 2: 13-24 months
Level 3: 25-36 months

We put the 'play' in playgroup to ensure that our youngest students have fun while they learn. From stories and songs to hands-on sensory activities, our classes help establish routines, build confidence, and develop emotional, social, physical, and language skills.

ESF Language & Learning follows the Early Years Foundation Stage (EYFS) framework. Our goal is to help develop your child under the 7 areas of learning on the EYFS curriculum. We believe that play is the foundation of development and learning for young children; therefore, our programmes feature play and enquiry-based learning.

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Playgroups at other ESF Schools
Ages: 13 - 36 months

ESF Abacus International Kindergarten
ESF Beacon Hill School
ESF Hillside International Kindergarten
ESF Tsing Yi International Kindergarten
ESF Wu Kai Sha International Kindergarten

Pre-Kindergarten (English / Bi-lingual)
Ages: 2+Years

Wan Chai
Tung Chung

We get students kindergarten-ready by nurturing their confidence and independence. From interacting positively with others to packing their own school bags, our play-based learning approach allows students to develop important foundation skills that will ease their transition into K1.

Through an established classroom routine, each lesson includes fun activities to address a range of learning areas - communication, physical, social, emotional, literacy, mathematics, and expressive arts.





DRAMA PROGRAMMES

Drama & Communication

Ages: 4 - 5 Years / K2-K3

✓ IN-PERSON

Drama & Communication is suitable for students in their final year of kindergarten. It is a fantastic course to build speaking confidence and communication skills. Through imaginative play, role play and drama games, students explore themes and books to unleash their creativity and storytelling talent.

This programme can also help students prepare for their primary school interview.

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SPANISH

AGES: 7 - 11 YEARS OLD

HOLA!

Spanish is the third most spoken language in the world, and the interest to learn this lively and rich language is rising rapidly. Our Spanish programmes bring Hispanic culture to life through stories, games, drama, and presentations.

Beginner 1

✓ IN-PERSON

Ages: 6 - 7 Years

Spanish Beginner 1 is a great way to start Spanish lessons for lower primary children. Through topic-based literature, songs, and games, students are taught the basic concepts of the Spanish language.

With Spanish Phonics, our stimulating approach to the Spanish alphabet, we help students recognise Spanish letters and move onto more mature writing skills through simple exercises. Students begin to learn sounds and intonation as they begin to communicate in Spanish.

Beginner 2

✓ IN-PERSON

Ages: 8 - 11 Years

Spanish Beginner 2 is for beginners ***who may have some knowledge of Spanish***. ***Students must have basic reading and writing skills in their first language to join the programme.***

Students will develop their communication skills so they can begin to express themselves in Spanish. Students will learn about the culture, read a variety of texts, and start using present tense to talk about everyday situations such as their daily routine, their home, their family and friends.



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Improver 1

✓ IN-PERSON

Ages: 9 - 12 Years

Spanish Improver 1 is suitable for students who have successfully completed Spanish Beginner 2.



The programme builds on existing knowledge and develops reading, writing, speaking, and listening skills. Through engaging texts and a variety of fun activities, students will learn to communicate comfortably in day-to-day situations. They will explore the Spanish world by expanding their vocabulary and developing speaking confidence.



Raring to Read - Beginner Spanish

Ages: 6 - 11 Years

✓ ONLINE

Raring to Read brings stories alive in the comfort and safety of your home through Spanish. Delivered through Zoom, this online Programme features interactive activities and read-aloud to explore a range of texts in depth.

This course is suitable for beginners and will explore the basic concepts of Spanish language.



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AGES: 3 - 17 YEARS

SPORTS PROGRAMMES

A variety of sports to keep your little ones busy!



Basketball (Ages 5 - 16 Years)

ESF Tigers will be delivering basketball program to improve players' individual technical skills and to enhance their knowledge of team-play fundamentals. Each session includes technical training and small games/competitions!



Football (Ages 5 - 15 Years)

Through the ESF Lions Football programme, hundreds of children have been given the opportunity to learn the game of football, get physically fit, and stay involved in productive after-school activities with our highly qualified coaches.

Join us this term to improve skills, develop techniques, play games, and enjoy playing on our world-class pitch.



Gymnastics (Ages 4 - 10 Years)

Tumble, roll, bounce, flex, and cartwheel your way through the term with an ESF Gymnastics! It is aimed at developing your child's fundamental gymnastics abilities through floor, beam, and vault skill-building.

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Tennis (Ages 4 - 12 Years)

ESF Tennis will provide fun filled classes over the school term aimed at developing your child's skills and enjoyment of the exciting sport of tennis.

Netball (Ages 7 - 14 Years)

At Netball, we will work on personal strength, coordination development, netball positional speciality training, and skills through modified mini-games and match play setups.





Swimming (Ages 3 - 17 Years)

ESF Sharks Swimming are for students of all ages and ability levels. Our qualified coaches will help swimmers develop their comfort level in the water and improve stroke technique through fun games and activities.

Fencing (Ages 4 - 16 Years)

Overseen by two-time Olympian Fencing Head Coach, Lau Kwok Kin. Learn the basics of foil fencing through a series of activities, games and skill-building exercises to a competitive regime.





Weekend Multi-Sports (Ages 3 - 5 Years)

Multi-Sports provides a safe and fun environment to explore, learn, and develop the gross motor skills needed for all types of sports. Our mini-games, creative challenges, and controlled free play are all designed so your child can have fun while learning!

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SPORTS PROGRAMMES

AGES: 3 - 17 YEARS

Qualified & enthusiastic coaches!





Lacrosse (Ages 6 - 11 Years)

Lacrosse has been one of the leading sports in North America and now caters to over 850,000 players worldwide. A game that requires speed, quickness and accuracy, it truly is one of the most all-rounded sports that we offer.

Krav Maga (Ages 5 - 10 Years)

Krav Maga self-defense course enables children to become aware of everyday safety issues and learn self defense techniques in relatively short amount of time.children are taught how to recognize common threats like bullies and kidnappers, and even dangerous situations like fire and natural disasters like earthquakes.





Hockey (Ages 5 - 12 Years)

Our Hockey class will teach core fundamental skills that focus on building eye-hand coordination using age appropriate equipment. This particular curriculum will tie in to the Hong Kong Hockey Association's player development needs.

Rugby (Ages 5 - 12 Years)

Our Rugby class will teach a modified form of the game which does not involve contact and focus on teaching key fundamental skills in a safe environment. This particular curriculum will tie in to the Hong Kong Rugby Union's player development needs.



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SPORTS PROGRAMMES

AGES: 3 - 17 YEARS





Badminton (Ages 5 - 16 Years)

The programme is designed with 3 age levels, covering different types of skills, e.g. strengthening sense of three-dimensional space, training gross and fine motor to learn the concept of balance, front & back rally, smash & in game strategy etc.

Dance (Ages 7 - 14 Years)

Our dance programme will guide students to explore the fundamental dance moves! Students have the opportunity to understand rhythm, groove and beat so they can one day discover their own choreography!



SESSIONS AVAILABLE EVERYDAY

VENUES ACROSS HONG KONG



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ONLINE PROGRAMMES

AGES: 4 - 11 YEARS

You Can Make The Most of The Term at Home!

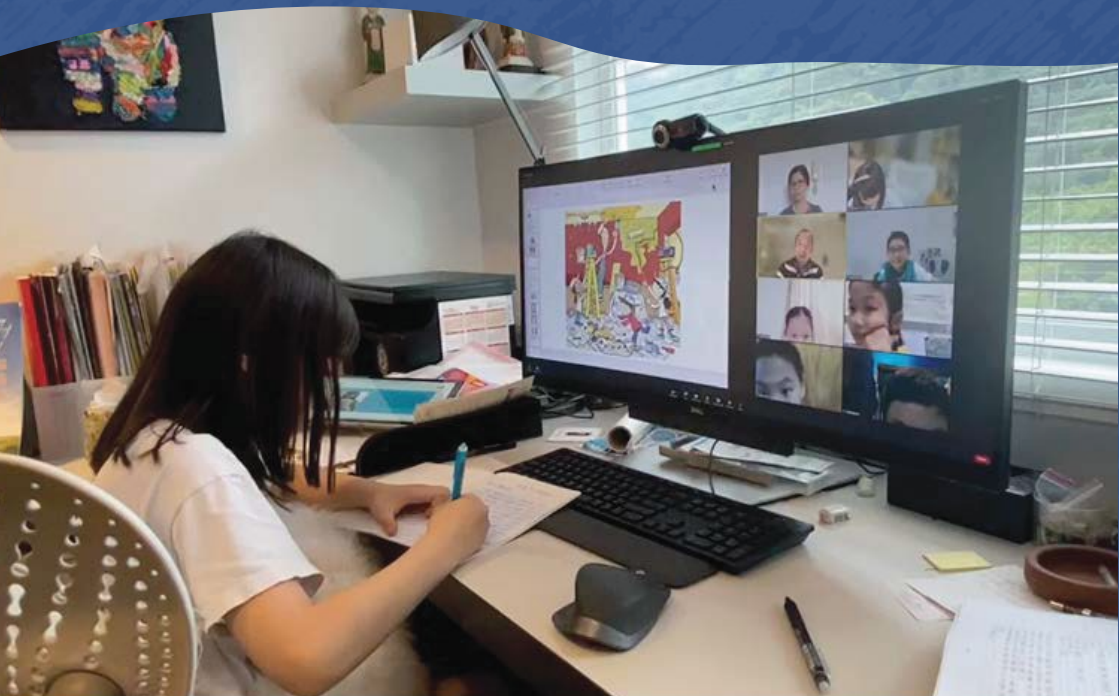


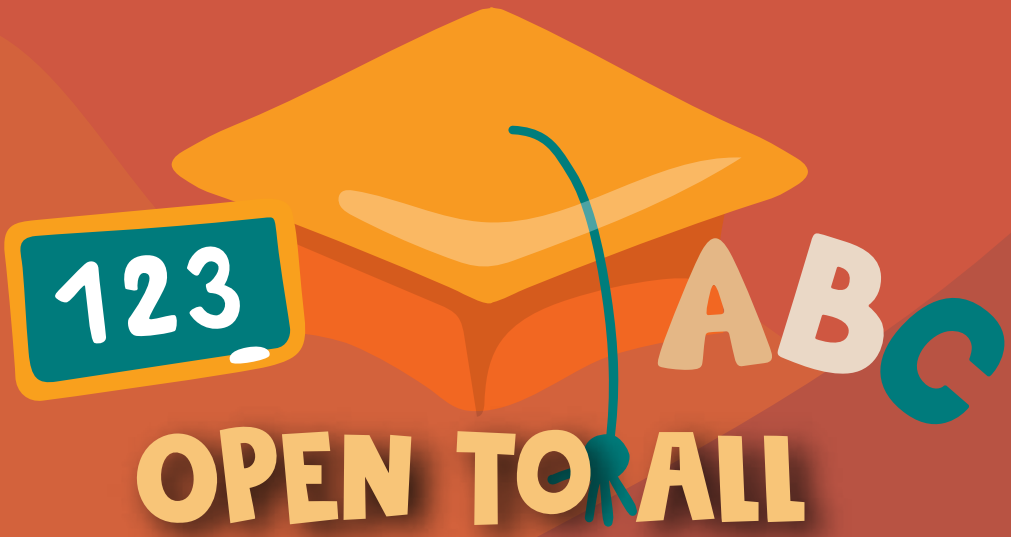
Raring to Read

KINDERGARTEN*: 4 – 5 YEARS OLD
LOWER PRIMARY: 6 – 8 YEARS OLD**
UPPER PRIMARY: 9 – 11 YEARS OLD
BEGINNER SPANISH: 6 – 11 YEARS OLD

**students need to already be attending a kindergarten; not suitable for K1 starters*
***students need to already be attending a primary school; not suitable for P1 starters*

Raring to Read brings stories alive in the comfort and safety of your home. Delivered through Zoom, this online Programme features interactive activities and read-aloud to explore a range of texts in depth. Each Programme has been written by our senior education team, ensuring that age and level-appropriate language objectives and literary targets are addressed every lesson.





OPEN TO ALL

We welcome the public (both existing ESF students and non-ESF students) to join us

About Us

ESF Sports & Language (part of English Schools Foundation) is a registered charitable organisation and was established in 1994, and since then has provided English language and sports programmes in ESF schools and non ESF venues. Subsequently, Spanish as a foreign language was added in 2011. We offer classes in 22 ESF schools across Hong Kong and in ESF Language & Learning Centre, which opened in Wan Chai in 2016.

Call us or visit our website to enquire.

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