Sports Language Playgroups STEM Arts Workshop

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2022 - 2023
TERM 2 COURSE GUIDE

7TH JANUARY – 31ST MARCH

CONTINUE YOUR LEARNING JOURNEY

FOR 6 MONTHS TO 17 YEARS

Taught by a team of experienced and qualified educators, students will be immersed in an environment where they will build confidence in communicating in English. (All classes are conducted in English.)

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ESF SPORTS & LANGUAGE

CLASS GUIDE

SPORTS · LANGUAGE · STEM & ARTS · PLAYGROUP

3 - 17 Years SPORTS

Football
Basketball
Swimming
Tennis
Gymnastics
Netball
Lacrosse
Krav Maga
Multi-Sports
Fencing
Rugby
Hocky
Badminton
Dance
Cheerleading

0 - 3 Years EARLY YEARS

Playgroups
Pre-Kindergarten

3 - 5 Years KINDERGARTEN

Drama & Communication
Drama Stars
Lower Kindergarten English
Upper Kindergarten English
Phonics
Primary Preparation English

NON-ESF? NO PROBLEM! WE ARE

OPEN TO ALL

SUBJECT TO CHANGES & AVAILABILITY!

LIMITED SPOTS

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ESF SPORTS & LANGUAGE

CLASS GUIDE

SPORTS LANGUAGE STEM & ARTS PLAYGROUP

6 - 8 Years LOWER PRIMARY

Drama Loop
Lower Primary English
Middle Primary English
Lower Primary Writing
Middle Primary Writing
Spanish
Coding

9 - 11 Years UPPER PRIMARY

Drama Circle
Upper Primary English
Upper Primary Writing
Spanish
Coding

12 - 15 Years SECONDARY

Lower Secondary English
Coding





LANGUAGE PROGRAMMES

Discover All Our Regular Classes In The New Term!

ENGLISH CLASSES

✓ IN-PERSON

3 - 4 YEARS	Lower Kindergarten English
3 - 6 YEARS	Phonics
4 - 5 YEARS	Upper Kindergarten English
5 - 6 YEARS	Primary Preparation English
6 - 7 YEARS	Lower Primary English
8 - 9 YEARS	Middle Primary English
10 - 11 YEARS	Upper Primary English
12 - 15 YEARS	Lower Secondary English



Our topic-based English programmes bring literature alive to capture imagination and develop the four main language skills of reading, writing, speaking and listening.

For specific skills development, we have Writing programmes which offer more specialised lessons.



From stories and role-play to art and debate, we develop students' language skills through a variety of activities that will instil a love of learning.

Student will build confidence in expressing themselves in English through creative arts activities, lively discussions, and class debates.

Games, literature and a progressive coursebook are also included in the lessons to enhance vocabulary, grammar development, and writing skills.





WRITING CLASS

✓ IN-PERSON

6 - 7 YEARS	Lower Primary Writing
8 - 9 YEARS	Middle Primary Writing
10 - 11 YEARS	Upper Primary Writing

From rhymes and stories to advertisements and arguments, our Primary Writing programmes expose students to a range of text types and techniques. Students will engage in individual and collaborative open-ended projects that will stimulate their imagination and encourage them to write, write, and write!



Lower Primary Writing
Ages: 6 - 7 Years

In Lower Primary Writing, students develop descriptive writing, opinion writing, and learn to write about specific topics that are of interest and relevance.

In this programme, our writers will use fiction and non-fiction genres as learning tools and develop their punctuation and spelling skills. They will develop an understanding of sentence structure and cultivate different literary techniques to enhance their writing, building up a portfolio of work.



Middle Primary Writing
Ages: 8 - 9 Years

In Middle Primary Writing, students will learn about a diverse range of text types to allow them to experiment with both factual and literary writing styles. They will begin to use the writing process to draft, revise, edit and publish their work, paying particular attention to the parts of speech.

Upper Primary Writing
Ages: 10 - 11 Years

Upper Primary Writing is packed full of interesting topics to spark creativity. Our writers will explore different writing structures, develop grammatical structures relating to specific genres, practise proof-reading and editing skills, and learn how to avoid common grammatical mistakes.

They will continue the journey of self- and peer-editing and develop their creativity and imagination, focusing them on their journey to become a strong writer.



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PLAYGROUPS/ PRE-KINDERGARTEN

IN-PERSON



Playgroups at the Premium Learning Centre

Wan Chai

Level 1: 6-12 months
Level 2: 12-18 months
Level 3: 18-30 months



NEW!

FLEXI CLASS

10 playgroup classes package
Join anytime within 3 months!

- Sign up for a chosen time slot 48 hours in advnace
- 30 mins playground time before or after class
- ESF apron

Playgroups at other ESF Schools

Ages: 13 - 36 months

ESF Abacus International Kindergarten
ESF Beacon Hill School
ESF Hillside International Kindergarten
ESF Tsing Yi International Kindergarten
ESF Wu Kai Sha International Kindergarten

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Playgroups at ESF Tung Chung International Kindergarten

Tung Chung

Level 1: 6-12 months
Level 2: 13-24 months
Level 3: 25-36 months

We put the 'play' in playgroup to ensure that our youngest students have fun while they learn. From stories and songs to hands-on sensory activities, our classes help establish routines, build confidence, and develop emotional, social, physical, and language skills.

ESF Language & Learning follows the Early Years Foundation Stage (EYFS) framework. Our goal is to help develop your child under the 7 areas of learning on the EYFS curriculum. We believe that play is the foundation of development and learning for young children; therefore, our programmes feature play and enquiry-based learning.

Pre-Kindergarten (English / Bi-lingual)

Wan Chai
Tung Chung

Ages: 2+Years

We get students kindergarten-ready by nurturing their confidence and independence. From interacting positively with others to packing their own school bags, our play-based learning approach allows students to develop important foundation skills that will ease their transition into K1.

Through an established classroom routine, each lesson includes fun activi ties to address a range of learning areas - communication, physical, social, emotional, literacy, mathematics, and expressive arts.





DRAMA PROGRAMMES

Drama & Communication

Ages: 4 - 5 Years / K2-K3

✓ IN-PERSON

Drama & Communication is suitable for students in their final year of kindergarten. It is a fantastic course to build speaking confidence and communication skills. Through imaginative play, role play and drama games, students explore themes and books to unleash their creativity and storytelling talent.

This programme can also help students prepare for their primary school interview.

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Drama Stars: Fantastic Mr Fox

✓ IN-PERSON

Ages: 4 - 6 Years

Enrol in Drama Stars to build confidence and creativity in a fun and supportive learning environment. Through games, stories, role-play and teamwork, students are encouraged to explore their full potential across the spectrum of presentation and performance, while most importantly, having fun!

Drama Loop: Matilda

✓ IN-PERSON

Ages: 6 - 8 Years

Drama Loop is an energetic, engaging course for budding performers looking to learn new skills or further develop their performance techniques, led by experienced professional drama practitioners. Combining acting, music, movement and theatre-crafts, students will combine skill-building games and exercises alongside performance preparation working towards an end of term video performance.

Drama Circle: Narnia

✓ IN-PERSON

Ages: 8 - 12 Years

Drama Circle is a challenging in-depth course suitable for aspiring young performers to begin their journey within the performing arts or to further hone their performance skills. Led by a team of professional practitioners, students will work on a range of diverse material across the spectrum of acting, music, movement and theatre-crafts as well as working towards an end of term video performance.



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SPANISH

AGES: 7 - 11 YEARS OLD

HOLA!

Spanish is the third most spoken language in the world, and the interest to learn this lively and rich language is rising rapidly. Our Spanish programmes bring Hispanic culture to life through stories, games, drama, and presentations.

Beginner 1

✓ IN-PERSON

Ages: 6 - 7 Years

Spanish Beginner 1 is a great way to start Spanish lessons for lower primary children. Through topic-based literature, songs, and games, students are taught the basic concepts of the Spanish language.

With Spanish Phonics, our stimulating approach to the Spanish alphabet, we help students recognise Spanish letters and move onto more mature writing skills through simple exercises. Students begin to learn sounds and intonation as they begin to communicate in Spanish.

Beginner 2

✓ IN-PERSON

Ages: 8 - 11 Years

Spanish Beginner 2 is for beginners ***who may have some knowledge of Spanish. Students must have basic reading and writing skills in their first language to join the programme.***

Students will develop their communication skills so they can begin to express themselves in Spanish. Students will learn about the culture, read a variety of texts, and start using present tense to talk about everyday situations such as their daily routine, their home, their family and friends.



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Improver 1

✓ IN-PERSON

Ages: 9 - 12 Years

Spanish Improver 1 is suitable for students who have successfully completed Spanish Beginner 2.



The programme builds on existing knowledge and develops reading, writing, speaking, and listening skills. Through engaging texts and a variety of fun activities, students will learn to communicate comfortably in day-to-day situations. They will explore the Spanish world by expanding their vocabulary and developing speaking confidence.



Raring to Read - Beginner Spanish

Ages: 6 - 11 Years

✓ ONLINE

Raring to Read brings stories alive in the comfort and safety of your home through Spanish. Delivered through Zoom, this online Programme features interactive activities and read-aloud to explore a range of texts in depth.

This course is suitable for beginners and will explore the basic concepts of Spanish language.



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AGES: 3 - 17 YEARS

SPORTS PROGRAMMES

A variety of sports to keep your little ones busy!



Basketball (Ages 5 - 16 Years)

ESF Tigers will be delivering basketball program to improve players' individual technical skills and to enhance their knowledge of team-play fundamentals. Each session includes technical training and small games/competitions!



Football (Ages 5 - 15 Years)

Through the ESF Lions Football programme, hundreds of children have been given the opportunity to learn the game of football, get physically fit, and stay involved in productive after-school activities with our highly qualified coaches.

Join us this term to improve skills, develop techniques, play games, and enjoy playing on our world-class pitch.



Gymnastics (Ages 4 - 10 Years)

Tumble, roll, bounce, flex, and cartwheel your way through the term with an ESF Gymnastics! It is aimed at developing your child's fundamental gymnastics abilities through floor, beam, and vault skill-building.

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Tennis (Ages 4 - 12 Years)

ESF Tennis will provide fun filled classes over the school term aimed at developing your child's skills and enjoyment of the exciting sport of tennis.

Netball (Ages 7 - 14 Years)

At Netball, we will work on personal strength, coordination development, netball positional speciality training, and skills through modified mini-games and match play setups.





Swimming (Ages 3 - 17 Years)

ESF Sharks Swimming are for students of all ages and ability levels. Our qualified coaches will help swimmers develop their comfort level in the water and improve stroke technique through fun games and activities.

Fencing (Ages 4 - 16 Years)

Overseen by two-time Olympian Fencing Head Coach, Lau Kwok Kin. Learn the basics of foil fencing through a series of activities, games and skill-building exercises to a competitive regime.





Weekend Multi-Sports (Ages 3 - 5 Years)

Multi-Sports provides a safe and fun environment to explore, learn, and develop the gross motor skills needed for all types of sports. Our mini-games, creative challenges, and controlled free play are all designed so your child can have fun while learning!

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SPORTS PROGRAMMES

AGES: 3 - 17 YEARS

Qualified & enthusiastic coaches!





Lacrosse (Ages 6 - 11 Years)

Lacrosse has been one of the leading sports in North America and now caters to over 850,000 players worldwide. A game that requires speed, quickness and accuracy, it truly is one of the most all-rounded sports that we offer.

Krav Maga (Ages 5 - 10 Years)

Krav Maga self-defense course enables children to become aware of everyday safety issues and learn self defense techniques in relatively short amount of time.children are taught how to recognize common threats like bullies and kidnappers, and even dangerous situations like fire and natural disasters like earthquakes.





Hockey (Ages 5 - 12 Years)

Our Hockey class will teach core fundamental skills that focus on building eye-hand coordination using age appropriate equipment. This particular curriculum will tie in to the Hong Kong Hockey Association's player development needs.

Rugby (Ages 5 - 12 Years)

Our Rugby class will teach a modified form of the game which does not involve contact and focus on teaching key fundamental skills in a safe environment. This particular curriculum will tie in to the Hong Kong Rugby Union's player development needs.



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SPORTS PROGRAMMES

AGES: 3 - 17 YEARS



Badminton (Ages 5 - 16 Years)

The programme is designed with 3 age levels, covering different types of skills, e.g. strengthening sense of three-dimensional space, training gross and fine motor to learn the concept of balance, front & back rally, smash & in game strategy etc.

Dance (Ages 7 - 14 Years)

Our dance programme will guide students to explore the fundamental dance moves! Students have the opportunity to understand rhythm, groove and beat so they can one day discover their own choreography!



NEW!



Cheerleading (Ages 5 - 12 Years)

ESF is proud to offer a fun and exciting cheerleading program. Our dedicated coaches will be there to guide you step by step to becoming a competent cheerleader in a safe environment. You will be able to improve your movement, choreography, and coordination in our cheerleading classes.

SESSIONS AVAILABLE EVERYDAY

VENUES ACROSS HONG KONG



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CODING CLASSES

AGES: 6 - 12+ YEARS

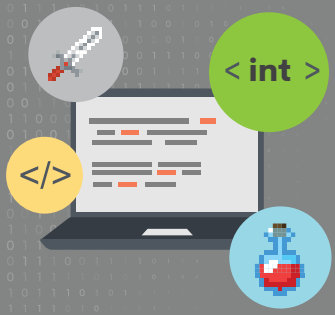
(Students need to bring their own devices & chargers when attending in-person classes)

AGES 6 - 8 YEARS

✓ IN-PERSON ✓ ONLINE

MINECRAFT CREATOR

Build your own interactive 3D world in Minecraft through visualising physics and chemistry.



AGES 8 - 10 YEARS

✓ ONLINE

REMAKE CLASSIC GAMES WITH SCRATCH

Get an introduction to programming with the improved version of Scratch.

✓ IN-PERSON ✓ ONLINE

TAKE YOUR FIRST STEPS IN CODING / GAME DEVELOPMENT

Gain an understanding of HTML, CSS, JavaScript, and web development.

AGES 10 - 12 YEARS

✓ ONLINE

3D GAME DESIGN WITH ROBLOX

Learn to use Roblox Studio to design & develop your own games.

✓ IN-PERSON ✓ ONLINE

MOBILE GAME DEVELOPMENT

Learn to use HTML, CSS, and JavaScript to build games that can be played on both desktop and mobile devices.

AGES 12+ YEARS

✓ IN-PERSON ✓ ONLINE

CODE YOUR OWN WORLD WITH VR

Bring your imaginations to life by coding your own virtual world.



✓ ONLINE

FIRST STEPS IN PYTHON

Learn the basics of coding in Python like, variables, data types, conditional logic, math operators and loops.

✓ ONLINE

VIDEO GAME DESIGN WITH PHASER

Using the popular desktop and mobile gaming framework, PhaserJS, students will learn how to create a platformer game.

✓ ONLINE

BUILD YOUR TECH STARTUP

This start-up course teaches students about cutting-edge new technologies to help them innovate a fresh new tech startup idea.



OPEN TO ALL

We welcome the public (both existing ESF students and non-ESF students) to join us

About Us

ESF Sports & Language (part of English Schools Foundation) is a registered charitable organisation and was established in 1994, and since then has provided English language and sports programmes in ESF schools and non ESF venues. Subsequently, Spanish as a foreign language was added in 2011. We offer classes in 22 ESF schools across Hong Kong and in ESF Language & Learning Centre, which opened in Wan Chai in 2016.

Call us or visit our website to enquire.

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