

Sports Language Playgroups STEM Arts

# SUMMIR CAMPS 2023

AGES: 4 months - 17 years

# Eager Explorers Expedition COURSE GUIDE





**SPORTS** 

LANGUAGE

**PLAYGROUPS** 

STEM

**ARTS** 

# SPORTS PROGRAMME

3 - 17 Years

Football
Basketball
Lacrosse
Swimming
Krav Maga
Tennis
Multi-sports

Gymnastics Fencing

Tag Rugby Hockey Outdoor Adventure



#### **EARLY YEARS**

0 - 3 Years

Playgroup Camp Pre Kindergarten





## KINDERGARTEN

3 - 5 Years

Eager Explorer Expedition
Kindergarten Preparation
Primary Preparation
Kindergarten English
Phonics
Drama Stars

#### NON-ESF STUDENTS? NO PROBLEM!

# WE ARE OPEN TO ALL

#### LIMITED SPOTS AVAILABLE

\*Keep in mind that availability and details may be subject to change







**SPORTS** 

LANGUAGE

**PLAYGROUPS** 

STEM

**ARTS** 

# PRIMARY

6 - 11 Years

Eager Explorer Expedition
Creative Writing
Challenge Your Creativity
Science
Debate & Dialogue
Drama Circle
Drama Loop

Primary Preparation
Reader's Theatre
Spanish Through Arts
& Culture
Japanese for Beginner
French
Music





# SECONDARY

12 - 16 Years

Debate & Dialogue
Make News Make Sense
Life Skills: Resume, Email and Interview Technique
Music

#### NON-ESF STUDENTS? NO PROBLEM!

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# SUMMER CAMPS

Take a different route each week and join our *Eager Explorers* as they venture down a weekly path of fun and intrigue. Students will use drama, games, story books and art to develop reading, writing, English speaking and listening skills. Taught by a team of experienced and qualified educators, students will be immersed in an environment where they will build confidence in communicating in English.

Other camps available are playgroup, kindergarten preparation, primary preparation, primary writing, primary science and Spanish. **Full day camps** are available at King George V, Renaissance College, Kennedy School and Quarry Bay School with a language course in the morning and a sports programme in the afternoon.





# FULL DAY CAMPS

Ages: 5-10 Years

Full day Language & Sports camps are available at King George V, Renaissance College, Kennedy School and Quarry Bay School (Bus service available - CLICK HERE).

Join a language camp in the morning and follow with a Multi Sports camp in the afternoon for a full day of learning and fun!

# LANGUAGE

9am - 12pm

Eager Explorers' Expedition
Primary Reader's Theatre
Spanish through Art and Culture
Challenge your Creativity
Primary Science
Primary Writing
French

# DRAMA

# STEM

Science Minecraft



# **MULTI-SPORTS**

1pm - 4pm





# EAGER EXPLORERS EXPEDITION

Lower Kindergarten: 3 - 4 years Upper Kindergarten: 4-5 years Primary: 6-8 years

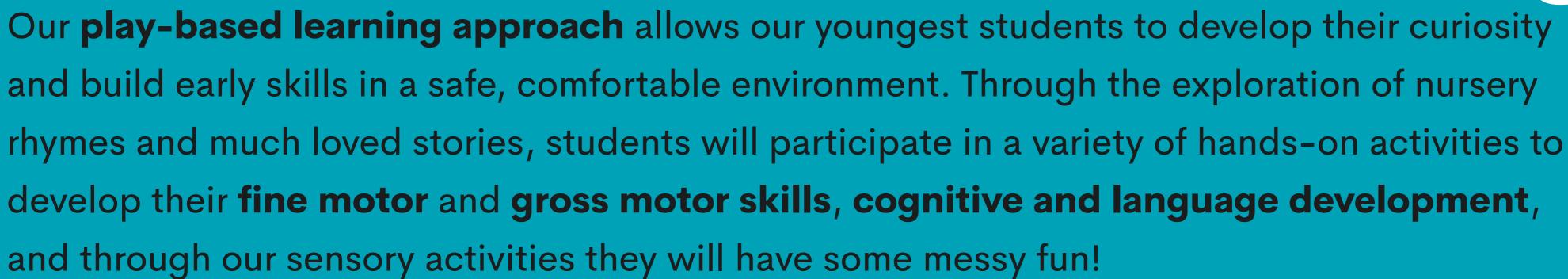
Join our Eager Explorers as they take a different route each week and venture down a path of fun and intrigue. This course uses **drama**, **games**, **story books** and **art** to develop **reading**, **writing**, **speaking** and **listening skills** whilst broadening knowledge and experiences. With four weeks of programmes to choose from, students will set off on an exciting new expedition each week, taking them to different areas of discovery....





# PLAYGROUP CAMP

Ages: 13 months - 2.5 Years (accompanied by an adult)



Parents can choose from **2**, **3**, or **5** day options per week. This camp is different every week, so students can join for 4 consecutive weeks!

# PRE-KINDERGARTEN

Ages: 2 - 3 Years

Let us take your children on a summer adventure where we will immerse ourselves in a world of stories, baking, art exploration and singing.

This programme is suitable for children who turn 2 years old from July 1<sup>st</sup>, but are not eligible to join Kindergarten Preparation.

Students enrol for **2** week blocks, either **3** or **5** day options per block (2 day block also available in Wan Chai).

This camp is different every week, students can join for 8 consecutive weeks!









# LANGUAGE COURSES

Optimize your child's education:

explore our recommended course schedule for primary enrichment programs.

It is designed to provide additional learning opportunities and experiences beyond what is typically offered in a summer courses. These programs can focus on a variety of subjects, such as sports, mathematics, science, language and the arts.

AGE	Weeks 1 or 5	Weeks 2 or 6	Weeks 3 or 7	Weeks 4 or 8
6-8 years	Reader's Theatre	Science A	Creative Writing	Science B
9-11 years	Debate	Science A	Creative Writing	Science B





## KINDERGARTEN PHONICS

Ages: 4 - 6 Years

This course is a great introduction to phonics but can also build on your child's existing phonic knowledge. It is delivered in a very fun way with lots of group work and movement.

During the programme, students will learn:

- Basic letter sounds
- Principles of decoding words
- Play games in order to hear different sounds, using vowels and consonants
- Build longer phonic words
- Blend and segment the sounds and use words
- Begin the structure of writing lower and upper case sounds

One lesson per week x 4 weeks every Wednesday (option to do 2 months consecutively)



#### K1 starters

This course is for students who will be starting K1 after the summer. Students will develop their independence and confidence in an ESF kindergarten environment, as they explore nursery rhymes and well-loved stories through a variety of hands-on learning experiences.

This camp is different every week, so students can join for up to 4 weeks!



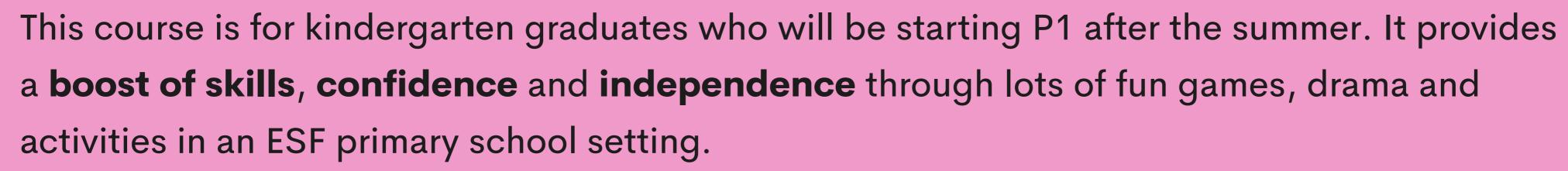






# PRIMARY PREPARATION

P1 / Year 1 starters



Over the course of two weeks, students will practise a range of essential skills which will provide an important foundation to ease their transition into primary school. This includes development of their understanding of the following: up to 100 high frequency words; capital letters and simple punctuation; basic sentence structure; speaking clearly during presentations; vocabulary development through a range of medium including art projects.

The course materials are on a **2** week rotation, meaning Weeks 1-2 are different and Weeks 3-4 starts the rotation again. Students can enrol for **1** or **2** weeks of classes but **2** weeks is recommended.

# PRIMARY READER'S THEATRE

Ages: 6 - 8 Years

Reader's Theatre is a technique to develop reading with understanding and fluency. Using a variety of scripts to practise and apply new techniques, students will:

- Become immersed in Reader's Theatre to bring scripts to life as they work together to read and act out stories and their own writing
- Practise phonics, pronunciation and intonation through character portrayal and presentations
- Build vocabulary and creativity through their own script writing
- Be immersed in a rich, *English speaking environment* to build their understanding, *confidence* and enjoyment of the language.

This course is a great opportunity for your child to develop their *English language proficiency*. The carefully selected scripts give students e ssential practice in *oral reading fluency* and *public speaking*. The scripts also provide an opportunity for group interaction and student cooperation.





# CREATIVE WRITING

#### Lower Primary (6-8 years old), Upper Primary (9-11 years old)

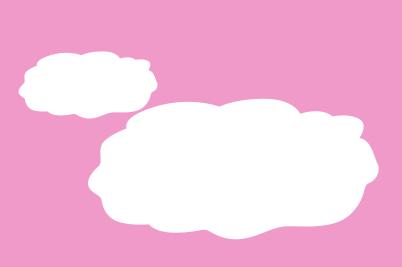
Creative juices will be flowing this week as students bring their ideas to life. Students will be exposed to a variety of well-known literature and learn how to apply a range of techniques, vocabulary and grammar in their written work. Our writers will then present their work at the end of the week.

#### Students in Lower Primary will:

- Retell stories concisely using a story cube and story mountain
- Learn how to use imperative verbs to create a board game
- Apply descriptive language in the form of comparatives, superlatives and similes to describe objects, characters and settings
- Develop sentence and paragraph writing to create mini-books, posters and postcards

#### Students in *Upper Primary* will:

- ★ Hone their sentence and paragraph writing skills in the form of narratives, recounts and newspaper reports
- Enhance their use of descriptive language to describe the internal and external traits of characters
- ★ Use their creative skills to design a chocolate bar, and apply persuasive techniques in the form of an advertisement
- Examine the power of the written word and how unfamiliar vocabulary can be understood through context







# CHALLENGE YOUR CREATIVITY

Lower Primary (6-8 years old), Upper Primary (9-11 years old)

Does your child want to ignite his/her imagination? Then join our lively classes where we will spark creativity through fun discussions, games and collaborative storytelling.

In this course, students will:

- ★ Develop creative thinking skills
- Motivate students and increase learning engagement
- Help students see everyday objects and concepts in new and deeper ways
- ★ Improve language skills, foster imagination and curiosity
- \* Encourage creative writing and development of ideas
- ★ Increase risk-taking skills

# ways

# PRIMARY DEBATE AND DIALOGUE

Ages: 9-11 years old

Debates are fun and engaging activities that exercise the brain to use all four skills of reading, writing, listening and speaking, sometimes concurrently.

In this course, students will:

- Understand how debating works, what the rules are and how to debate effectively
- ★ Use formal language, persuasive techniques and connectives in a speech
- Structure ideas on a given topic, using evidence and examples to enhance arguments
- Develop critical thinking, collaboration and communication skills
- Learn to express themselves confidently, coherently and assertively

This course is suitable for students who are new to debating and those who have already developed a taste for debating in their primary schools. It can also prepare them for a variety of opportunities that they will come across in their secondary schools.



# SECONDARY DEBATE

Ages: 12-16 years old

Join us for some lively discussions this Summer in our Secondary Debate programme. Globally, elections have evolved and politicians have changed their communication tactics. What styles would students take to convey their opinion? Would it be more like Trump or Biden? Throughout the sessions, students will have plenty of opportunity to discuss and debate a range of topics.

In this course, students will:

- \*
- \* Analyse language and body language from real debates such as the presidential
- **debates**
- Construct arguments using persuasive language and engaging sentence openers
- Learn about tone of voice and vocal delivery during a debate
- Enhance speaking confidence
- Practise rebuttals
- Learn how to research for a debate in an effective manner



## MAKE NEWS MAKE SENSE

Ages: 12-16 years old

Students will hone their 21st century skills as they delve into the news. Through text analysis, debate and discussion students will review media articles and make sense of the world around us.

In this course, students will:

- Develop 21st century skills: Creativity, Critical Thinking, Collaboration, Communication
- Identify language and literary devices in the media
- Respond to articles and formulate an argument
- Write a letter to the editor



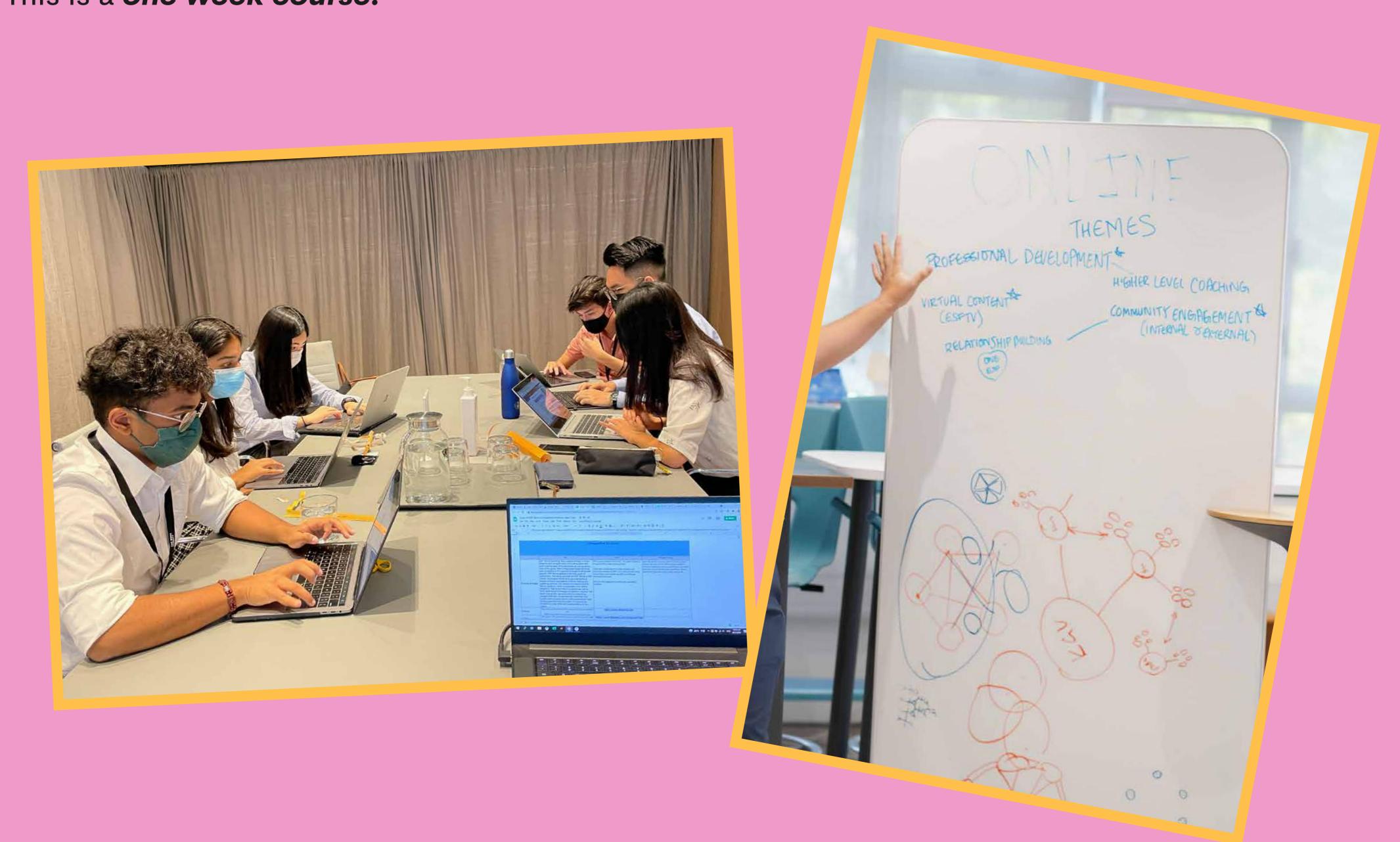
# SECONDARY LIFE SKILLS: RESUME, EMAIL AND INTERVIEW TECHNIQUES

Ages: 12-16 years old

This course will offer vital real life skills for students which will prepare them for their eventual university and work careers. Students will learn how to draft their own detail-oriented resumes as well as how to prepare for oral interviews so they are prepared and filled with confidence as they take the next steps in life.

In this course, students will:

- ★ Draft and refine a foundational resume which can be used for potential university or job applications
- Carry out personality and character assessments which assist students find their true core strengths and social and academic areas to develop
- ractice spoken oral skills in mock Interviews as preparation for future opportunities
- Discuss student's core competencies and how they can relate to different job careers





# SPANISH THROUGH ART AND CULTURE

Ages: 7 - 11 Years

Important: For cinema workshop students need to bring a smartphone

Spanish is a vibrant language with a fascinating culture. This summer, we are excited to offer our summer Spanish course, in which students are immersed in the Hispanic art and culture as they develop their reading, writing, speaking and listening skills. Each day, students will build their understanding of the language through a different component of the culture. From latino music to indigenous art, students will travel in time through all the richness of Hispanic music, customs, people and colours. An immersion into different activities and art projects that will enrich not only their communication skills but also their love for art and their knowledge of different art techniques.

The course materials are on a **2** week rotation, meaning Weeks 2-3 are different and Weeks 4-5 starts the rotation again. Students can enrol for **1** or **2** weeks of classes but **2** 





# JAPANESE FOR BEGINNERS

Ages: 7 - 10 Years

We are delighted to offer a new language programme in partnership with Shin Japanese Learning Center. Suitable for beginners, these sessions will provide a fun foundation to the language. Through a variety of activities including games and role play, students will be introduced to:

- Alphabet (Hiragana & Katakana)
- Greetings
- Simple conversations
- Japanese songs

All teachers are native Japanese and studied in Japan, each with **JLPT Level 1 qualification** (Japanese Language Proficiency Test, top level). The course supervisor is a native Japanese teacher who previously worked in primary schools in Japan.





# FRENCH

Ages: 7 - 11 Years



Join us this summer to learn a new, European language. In partnership with Alliance Francaise, we are delighted to offer our new French summer classes. Not only will students get a great introduction to the language, but they will also deepen their understanding of the culture as they explore French comics, French cinema or both!

Come for one or both weeks to explore these fascinating programmes.

There are two workshops to choose from:

Workshop A: Make your own film - pixilation style

Workshop B: Make your own comic book Find out more BONJOUR



Looking for ways to keep your little ones active? Check out our selection of activities!



#### Football | 5+ Years

Get ready to hit the field and score some goals! Our program includes a variety of exercises that focus on skills such as passing, dribbling, shooting and defending.

Skills: endurance, teamwork, communications

#### Netball 5 - 17 Years

Get ready to shoot some hoops and make some amazing passes! Our program includes a variety of exercises that focus on skills such as passing, shooting, defendingt and footwork.

Skills: endurance, teamwork, communications





#### Tennis | 4-14 Years

Get ready to serve up some fun! Our program includes a variety of exercises that focus on skills such as serving, forehand and backhand strokes, volleying and footwork.

Skills: stamina, coordination, mental focus, endurance

#### Lacrosse | 6 - 11 Years

Fastest game on two feet! Our program includes a variety of exercises that focus on skills such as passing, catching, shooting, and defending.

Skills: endurance, teamwork, communications, accuracy





A skilled coach can help your child reach their full potential in their sport.



#### **Gymnastics** | 4 - 10 Years

Get ready to tumble, flip, and soar with our gymnastics program! We also teach children about the importance of proper technique, safety and sportsmanship.

Skills: flexibility, balance, endurance, discipline

#### Basketball 5 - 16 Years

Our program includes a variety of drills and exercises that focus on dribbling, passing, shooting, and defense. We also teach children about the rules of the game and the fair play.

Skills: coordination, teamwork, communications





#### Swimming | 3 - 17 Years

Jump into the pool and dive into the fun! Our program includes a variety of exercises that focus on various aspects, including stroke techniques, breathing and diving.

Skills: stamina, cardiovascular fitness, endurance

#### Fencing | 5 - 8 Years

En garde! Our program includes a variety of drills that focus on footwork, blade work, and tactics. Fencing is an exciting sport that requires speed and quick thinking.

Skills: mental focus, discipline, sportsmanship, agility





"Practice doesn't make perfect, perfect practice makes perfect." - Experienced coaches



#### Multi-Sports | 3 - 10 Years

Get ready to experience a variety of sports and activities!

Our program will give your child to find new interests of sports and develop a lifelong love of physical activity.

Skills: communications, teamwork, physical fitness

#### Krav Maga | 5 - 10 Years

Build confidence! Our program includes a variety of exercises that focus on skills such as striking, kicking, blocking and defending. We also emphasize the importance of situational awareness, self-control and respect for one's opponents.

Skills: self-defense, discipline, endurance, mental focus





#### Hockey | 5 - 17 Years

Score big on the court! Our program includes a variety of exercises that focus on skills such as passing, shooting, stickhandling and defending.

Skills: endurance, teamwork, communications

### Tag Rugby | 5 - 17 Years

Give it a try! Get ready to tackle new challenges! Our program includes a variety of exercises that focus on skills such as passing, catching, tackling and running with the ball.

Skills: endurance, teamwork, communications, stamina





From fun activities and new friendships to valuable life skills and memories.



#### Outdoor Adventure | 7 - 11 Years

We're offering adventure camps that last for 2, 3, or 5 days. These camps include a range of exciting activities, such as kayaking, stand-up paddle, survival skills and much more!

Skills: teamwork, problem-solving, resilience, self-esteem







# BAND BASICS CAMP - BEGINNER LEVEL I

Ages: 7 - 8 Years

Exploratory introduction to band instruments and science/music concepts.

#### In partnership with MicraMusic

#### Aim:

An introductory course for students seeking to explore Band instruments, with a view to find a suitable and engaging instrument to commence focussed study.

#### Prerequisite:

No previous band instrument experience is preferred, and no other music experience is necessary.

#### **Course Information:**

The course will suit inquisitive children that will explorer the instrumental musical world by playing brass and/or wind band instruments. Students rotate through two of four band available instruments, (Trumpet, Saxophone, Trombone and Flute) to play, discover and experience the fun and joy of music sharing and making.

#### Learning Expectations for the Band Basics Summer Program:

- Enhance fine-motor and social skills through musical instrument exploration.
- Experiencing Science, Technology, Engineering and Maths (STEM) concepts in Instrumental Music contexts.









#### **Schedule:**

Three Streams are available. Brass and Woodwind teaching is separate and simultaneous, and all students gather for STEM and Music Theory activities.

- Introduction to Brass Instruments
- Introduction to Woodwind Instruments
- Introduction to Woodwind and Brass (select one from each).

Stream	Day 1	Day 2	Day 3	Day 4	Day 5
Instrument A	A1	A1	A2	A2	Select A1 or A2 and perform.
(Brass)	Trumpet	Trumpet	Trombone	Trombone	
Instrument B	B1 - Reed	B1 - Reed	B2	B2	Select B1 or B2
(Woodwind [WW])	(Clarinet/Saxophone)	(Clarinet/Saxophone)	Flute	Flute	and perform
Combo Instrument	Either Trumpet	Either Trumpet	Either Flute	Either Flute	Select WW or Brass
(WW & Brass)	or Reed	or Reed	or Trombone	or Trombone	and perform

#### Resources provided:

Each student is issued with a loaned Band Basics instrument according to their stream. The instruments are sourced for quality and robustness and undergo an environmentally clean procedure before student use. Band Basics students play on age and size appropriate instruments that are light, colorful, easy-care and hygienic, yet sound identical to their full size versions. Print resources are provided, and Online resources are available for student learning and sharing.









# BAND CAMP - BEGINNER LEVEL 2

Ages: 9 - 11 Years

Students focussed on learning one instrument in a band setting.

#### Aim:

The Camp Band programme aims to 'kick start' instrumental music learning with an intensive 5 week programme to provide students with the skills and knowledge to establish fundamental 'good habits' of posture, tone, reading notation and personal management for success and life-long enjoyment of playing a musical instrument.

#### Prerequiste:

Students should be ready to begin focussed instrumental music lessons on selected

#### **Schedule:**

Day 1 ———————————————————————————————————	Day 5
Group instruction to learn fundamental skills of the Flute, Clarinet, Trumpet or Trombone instruments.	Review the course learning and set goals. Refine and perform a selection of repertoire.

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# ENSEMBLE CAMP - INTERMEDIATE

Ages: 9 - 11 Years

Experienced students coming to enrich ensemble skills (Woodwind, Brass and Percussion)

#### Aim:

This course aims to support Band Instrument musicians to enrich their performance and ensemble skills alongside developing instrumental music learning strategies and personal skills.

#### **Prerequiste:**

Students in this program should display intermediate skills on a Band instrument. Typically at least one year of school experience or studying with a private tutor.

Day 1	→ Day 4	Day 5
Group ensemble instruction or and curated ensemble	•	Review the course learning and set goals. Refine and perform a selection of repertoire.





# BRASS BOOT CAMP - INTERMEDIATE

Ages: 9 - 16 Years

Extending skills of sound production whilst playing a Brass Instrument.

#### Aim:

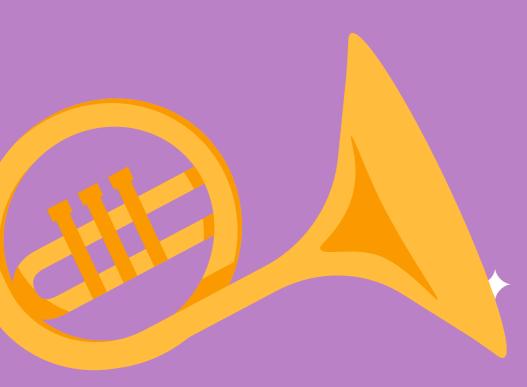
The program is designed to be enjoyable, yet sufficiently rigorous to rejuvenate skills by engaging with comprehensive music instruction that encourages musical discipline whilst nurturing musical talents.

#### **Prerequiste:**

Camp musicians should have Brass Instrument experience of 'intermediate' level.

#### Schedule:

Day 1 ———————————————————————————————————	Day 5
Group instruction to refine Brass Instrument skills and techniques.	Review the course learning and set goals. Refine and perform a selection of repertoire.











# DRAMA CREATIVITY CAMP

Combining acting, music, and theatre-crafts, students will study an engaging theme and become the characters of the story. There will be a live performance at the end of the course.

#### **Learning Expectations for the Band Basics Summer Program:**

- Learn wide-ranging skills in acting, movement and theatre-crafts
- Perform individually and as a team
- Play fun and challenging games to build your performing skills
- Create costumes, props and set pieces
- Create your own filmed/live performance

# DRAMA STARS

Ages: 4 - 6 Years

THEME A
THE JUNGLE BOOK

THEME B

ALICE IN WONDERLAND

**JULY SATURDAYS** 

**CHARLOTTE'S WEB** 

DRAMA LOOP Ages: 6 - 8 Years

THE WIZARD OF OZ

**THEME A** 

THEME B

**MATILDA** 

#### DRAMA CIRCLE Ages: 8 - 12 Years

THEME A

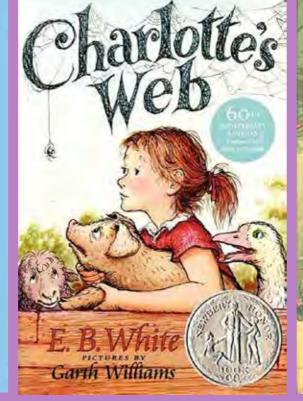
THEME B

THE ADDAMS FAMILY

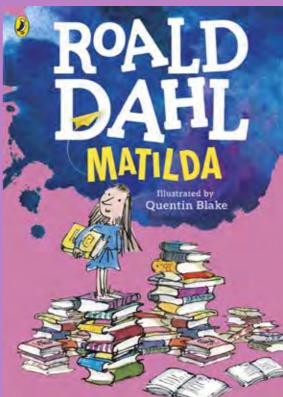
CHARLIE AND THE CHOCOLATE FACTORY



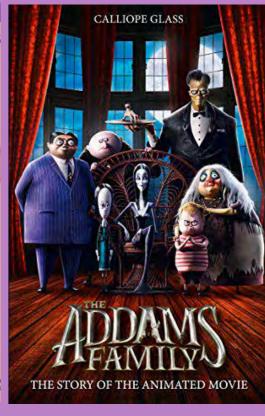














# CODING

Ages: 9 - 16 Years

Are you looking for an exciting and innovative way to help your child develop coding and digital literacy skills? CoSpaces Edu: Make AR & VR in the Classroom is the perfect course for students who want to bring their imaginations to life by coding their own VR game and AR project.

#### **Highlights & Outcomes:**

- Explore how developers assemble the design of VR worlds and AR projects, which can help students gain a deeper understanding of the development process.
- Learn how game developers conceptualize their design process and bring the game to life, which can inspire students to explore different approaches to problem-solving.

PROGRAMMES	ln	Online	6 - 8	8 - 10	10 -12	12+
3D Game Design and Dev with Roblox	$\Rightarrow$		$\Rightarrow$	$\stackrel{\wedge}{\Box}$		
Build your Tech Startup		$\Diamond$		$\Rightarrow$		
Code Your Own World with VR	$\Diamond$	$\Diamond$			$\Diamond$	$\Diamond$
CoSpaces Edu: Make AR & VR	$\Diamond$			$\Diamond$	$\Diamond$	$\Diamond$
Code the Future with AI		$\Diamond$				$\Diamond$
Code Is Your Voice		$\Diamond$		$\Diamond$		
First Step in Python	$\Diamond$	$\Diamond$		$\Rightarrow$	$\Diamond$	
First Step in Game Dev	$\Diamond$	$\Diamond$		$\Diamond$	$\Diamond$	
First Step in Coding	$\Diamond$	$\Diamond$		$\Rightarrow$		
Introduction to Web3	$\Diamond$	$\Diamond$			$\Diamond$	$\Diamond$
Introduction to Blockchain Program-	$\Diamond$	$\Diamond$			$\Diamond$	$\Diamond$
Mobile Game Dev	$\Diamond$	$\Diamond$		$\Rightarrow$	$\Diamond$	
Minecraft	$\Diamond$	$\Rightarrow$	$\Diamond$			
Remake Classic Games with Scratch	$\Diamond$	$\Diamond$		$\Diamond$		
Video Game with Phaser	$\Diamond$	$\Diamond$			$\Rightarrow$	$\Diamond$

For more information, please click <u>here.</u>



# SCIENCE

#### Lower Primary (6-8 years old), Upper Primary (9-11 years old)

Technology is advancing and the world is evolving, STEM (Science, Technology, Engineering and Mathematics) has come to the fore and it is now vital for all students to know the essentials of this subject....or lose out!

Students will gain vital hands-on skills as they dive deep into engineering, design and simple technology challenges that will help shape their understanding of a diverse range of STEM topics and how these concepts can be applied in real life. Over the weeks, students will build, design and collaborate together as they tackle different engineering and design tasks.





# ABOUT US

ESF Sports & Language (part of English Schools Foundation) is a registered charitable organisation and was established in 1994, and since then has provided English language and sports programmes in ESF schools and non ESF venues. Subsequently, Spanish as a foreign language was added in 2011. We offer classes in 22 ESF schools across Hong Kong and in ESF Language & Learning Centre, which opened in Wan Chai in 2016.

# VISIT OUR WEBSITE FOR ENQUIRY

www.esf.org.hk

