

Sports Language Playgroups STEM Arts



SUITABLE FOR 13 MONTHS TO 17 YEARS

# SUMMER CAMPS

2<sup>ND</sup> JULY - 24<sup>TH</sup> AUGUST



## COURSE GUIDE





ESF EXPLORE SUMMER CAMPS

# CLASS GUIDE



SPORTS



LANGUAGE



PLAYGROUP



STEM



ARTS

**3 - 17 Years**

## SPORTS

Football

Basketball

Multi-Sports

Swimming

Fencing

Tennis

Gymnastics

Krav Maga

**0 - 3 Years**

## EARLY YEARS

Playgroup (Accompanied)

Little Explorers

Kindergarten Preparation

**3 - 5 Years**

## KINDERGARTEN

Journey with Commander Earth

Phonics

Primary Preparation

Drama Stars



**NON-ESF STUDENT? NO PROBLEM**

# OPEN TO ALL

**LIMITED SPOTS AVAILABLE**

\*DETAILS & AVAILABILITY SUBJECT TO CHANGE



# CLASS GUIDE



**SPORTS**



**LANGUAGE**



**PLAYGROUP**



**STEM**



**ARTS**

**6 - 8 Years**

## LOWER PRIMARY

Journey with Commander Earth

First Steps in English

Primary Reader's Theatre

Spanish through Art and Culture

Challenge Your Creativity

Primary Preparation

Primary Writing

Primary Science

Coding

STEM

Drama Loop

**9 - 11 Years**

## UPPER PRIMARY

Primary Writing

Debate & Dialogue

First Steps in English

Spanish through Art and Culture

Challenge Your Creativity

Primary Science

Coding

Drama Circle

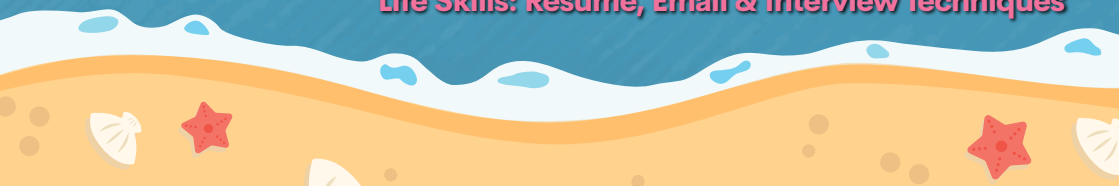
**12 - 17 Years**

## SECONDARY

Secondary Debate

Make News Make Sense

Life Skills: Resume, Email & Interview Techniques





# FULL DAY CAMPS

## AGES 5 - 11 YEARS

Join a language camp in the morning and follow with a multi-sports camp in the afternoon for a full day of learning and fun!

You can choose from the following options:

1. Journey with Commander Earth
2. Primary Reader's Theatre
3. Spanish through Art and Culture
4. Primary Preparation
5. Creative Writing
6. First Steps in English
7. Upper Primary Debate
8. Drama
9. Primary Science
10. Coding

**AM**  
**Language/STEM**



**Multi-Sports**

**PM**  
**Sports**



**Kowloon Junior School**  
**(Ho Man Tin)**



**Renaissance College**  
**(Ma On Shan)**



**South Island School**  
**(Wong Chuk Hang)**



# HALF DAY PROGRAMMES

Discover All Our Half Day Summer Camps

## JOURNEY WITH COMMANDER EARTH

**LOWER KINDERGARTEN: AGES 3 - 4 YEARS**

**UPPER KINDERGARTEN: AGES 4 - 5 YEARS**

**PRIMARY: AGES 6 - 8 YEARS**

Join Commander Earth for 4 weeks of adventure as he travels over, under, forwards and backwards throughout the world, space and time! This course uses drama, games, story books, art to develop reading, writing, speaking and listening skills whilst broadening knowledge and experiences. With four weeks of programmes to choose from, students will embark on an exciting new journey each week, such as....

### Jungle & Wildlife



### Back in Time



### Under the Sea



### Galactic Adventure



Join all four weeks to become a Commander Earth and receive your Badge of Honour.

*\*The course materials are on a 4-week rotation, meaning Week 1 - 4 are different every week and Week 5-8 start the rotation again.*

## PLAYGROUP CAMP

**AGES 13 MONTHS - 2.5 YEARS**  
**(ACCOMPANIED BY AN ADULT)**



Our play-based learning approach allows our youngest students to develop their curiosity and build early skills in a safe, comfortable environment. Through the exploration of nursery rhymes and much loved stories, students will participate in a variety of hands-on activities to develop their fine motor and gross motor skills, cognitive and language development, and through our sensory activities they will have some messy fun!

*\*Parents can choose from 2, 3, or 5-day options per week. This camp is different every week, so students can join for 4 consecutive weeks!*

## LITTLE EXPLORERS

### AGES 2 - 3 YEARS

Let us take your children on a summer adventure where we will immerse ourselves in a world of stories, baking, art exploration and singing.

This programme is suitable for children who turn 2 years old from 1st July, but are not eligible to join Kindergarten Preparation.

*\*Students enrol for 2 week blocks, either 3 or 5 day options per block (2 day block also available in Wan Chai). This camp is different every week, students can join for 8 consecutive weeks!*







## KINDERGARTEN PHONICS

### AGES 4 - 6 YEARS



This course is a great introduction to phonics but can also build on your child's existing phonic knowledge. It's a very interactive programme with lots of group work and movement.

## KINDERGARTEN PREPARATION

### K1 STARTERS

This course is for students who will be starting K1 after the summer. Students will develop their independence and confidence in an ESF kindergarten environment, as they explore nursery rhymes and well-loved stories through a variety of hands-on learning experiences.

*\*This camp is different every week, so students can join for up to 4 weeks!*

## PRIMARY PREPARATION

### P1 / YEAR 1 STARTERS



This course is for kindergarten graduates who will be starting P1 after the summer. It provides a boost of skills, confidence and independence through lots of fun games, drama and activities in an ESF primary school setting. Over the course of two weeks, students will practise a range of essential skills which will provide an important foundation to ease their transition into primary school.

*\*The course materials are on a 2-week rotation, meaning Week 1 - 2 are different and Week 3 - 4 start the rotation again.*

*\*Students can enrol for 1 or 2 weeks of classes but 2 weeks is recommended.*





# LANGUAGE COURSES

Optimize your child's education: explore our recommended course schedule for primary enrichment programmes.

With a variety of subjects across four weeks, students will be engaged in different activities throughout the summer.

Age	Weeks 1 or 5	Weeks 2 or 6	Weeks 3 or 7	Weeks 4 or 8
6 - 8 Years	Reader's Theatre	Ancient Science	Creative Writing	Science Carnival
9 - 11 Years	Debate	Ancient Science	Creative Writing	Science Carnival





## PRIMARY WRITING

**LOWER PRIMARY: AGES 6 - 8 YEARS**

**UPPER PRIMARY: AGES 9 - 11 YEARS**



Creative juices will be flowing this week as students explore poetic and literary devices to bring their ideas to life. Our budding writers will then present their work at Open Day at the end of the week.

## PRIMARY READER'S THEATRE

**AGES 6 - 8 YEARS**

Reader's Theatre is a technique to develop reading with understanding and fluency. This course is a great opportunity for your child to develop their English language proficiency. The carefully selected scripts give students essential practice in oral reading fluency and public speaking. The scripts also provide an opportunity for group interaction and student cooperation.

## CHALLENGE YOUR CREATIVITY

**LOWER PRIMARY: AGES 6 - 8 YEARS**

**UPPER PRIMARY: AGES 9 - 11 YEARS**



Does your child want to ignite his/her imagination? Do they need something to boost their enthusiasm for learning during the holiday? Then join our lively classes where we will spark creativity through fun discussions, games and collaborative storytelling.





## **STEM: PAST, PRESENT & FUTURE**

**LOWER PRIMARY: AGES 6 - 8 YEARS**

**UPPER PRIMARY: AGES 9 - 11 YEARS**

Technology is advancing and the world is evolving, STEM (Science, Technology, Engineering and Mathematics) has come to the fore and it is now vital for all students to know the essentials of this subject....or lose out!

Students will gain vital hands-on skills as they dive deep into engineering, design and simple technology challenges. Not only will they learn about the scientific method, they will also develop an understanding of a range of text types such as explanations and reports as they write up their experiments.

## **FIRST STEPS IN ENGLISH**

**LOWER PRIMARY: AGES 6 - 8 YEARS**

**UPPER PRIMARY: AGES 9 - 11 YEARS**



This course focuses on the basic fundamentals of the English language. The lessons will provide a firm foundation for understanding and being able to apply basic grammar rules which are essential for communicating effectively.

Everyday English for different life scenarios, in both formal and informal settings, will also be covered. This includes essential English for overseas travel and basic email English.

*\*The course materials are on a 2-week rotation, meaning Week 1 - 2 are different and Week 3 - 4 starts the rotation again.*

*\*Students can enrol for 1 or 2 weeks of classes but 2 weeks is recommended.*





## **UPPER PRIMARY DEBATE (DEBATE & DIALOGUE)**

### **AGES 9 - 11 YEARS**

Debates are fun and engaging activities that exercise the brain to use all four skills of reading, writing, listening and speaking, sometimes concurrently.

This course is suitable for students who are new to debating and those who have already developed a taste for debating in their primary schools. It can also prepare them for a variety of opportunities that they will come across in their secondary schools.

## **SECONDARY DEBATE**

### **AGES 12 - 16 YEARS**



Join us for some lively discussions this Summer in our Secondary Debate programme. Globally, elections have evolved and politicians have changed their communication tactics. What styles would students take to convey their opinions? Would it be more like Trump or Biden?

Throughout the week, students will have plenty of opportunity to discuss and debate a range of topics.

- Analyse language and body language from real debates such as the presidential debates
- Construct arguments using persuasive language and engaging sentence openers
- Learn about tone of voice and vocal delivery during a debate



# SECONDARY LIFE SKILLS: RESUME, EMAIL AND INTERVIEW TECHNIQUES

## AGES 12 - 16 YEARS

This course will offer vital real life skills for students which will prepare them for their eventual university and work careers. Students will learn how to draft their own detail-oriented resumes as well as how to prepare for oral interviews so they are prepared and filled with confidence as they take the next steps in life.



# MAKE NEWS MAKE SENSE

## AGES 12 - 16 YEARS

Students will hone their 21st century skills as they delve into the news. Through text analysis, debate and discussion students will review media articles and make sense of the world around us.

Students will:

- Develop 21st century skills: Creativity, Critical Thinking, Collaboration, Communication
- Identify language and literary devices in the media
- Respond to articles and formulate an argument
- Write a letter to the editor



# DRAMA CREATIVITY CAMP

Combining acting, music, movement and theatre-crafts, students will experience all elements of a drama performance. From creating props and costumes to bringing characters to life, students will build confidence and skills through rehearsing and performing.



There will be different themes for each age group.  
At the end of the course, parents will be invited to a live performance.

*\*Students can attend 3 or 5 times a week, and can enrol for one or two weeks.*

**DRAMA STARS**  
**AGES 4 - 6 YEARS**

**DRAMA LOOP**  
**AGES 6 - 8 YEARS**

**DRAMA CIRCLE**  
**AGES 8 - 12 YEARS**





**HOLA!**

## SPANISH THROUGH ART AND CULTURE AGES 7 - 11 YEARS

Spanish is a vibrant language with a fascinating culture. This summer, we are excited to offer our summer Spanish course, in which students are immersed in the Hispanic art and culture as they develop their reading, writing, speaking and listening skills. Each day, students will build their understanding of the language through a different component of the culture. From latino music to indigenous art, students will travel in time through all the richness of Hispanic music, customs, people and colours. An immersion into different activities and art projects that will enrich not only their communication skills but also their love for art and their knowledge of different art techniques.

*\*The course materials are on a 2-week rotation, meaning Week 1 - 2 are different and Week 3 - 4 starts the rotation again.*

*\*Students can enrol for 1 or 2 weeks of classes but 2 weeks is recommended.*





# SPORTS CLINICS

## AGES 3 - 17 YEARS



A variety of sports to stay active this summer.



### FOOTBALL

#### AGES 5 - 11 YEARS

Join us for this fun camp to improve skills, develop techniques, play games, and enjoy playing on our world-class pitch.

### BASKETBALL

#### AGES 5 - 17 YEARS

Our basketball camps improve players' individual technical skills and to enhance their knowledge of team-play fundamentals. Each session includes technical training and small games/competitions.



### MULTI-SPORTS

#### AGES 3 - 10 YEARS

Multi-Sports provides a safe and fun environment to explore, learn, and develop the gross motor skills needed for all types of sports. Our mini-games, creative challenges, and controlled free play are all designed so your child can have fun while learning!

### SWIMMING

#### AGES 3 - 16 YEARS

Our qualified coaches will help swimmers develop their comfort level in the water and improve stroke technique through fun games and activities.



# SPORTS CLINICS

## AGES 3 - 17 YEARS



Qualified & enthusiastic coaches!

### GYMNASTICS

#### AGES 5 - 10 YEARS

Tumble, roll, bounce, flex, and cartwheel your way through the school holidays! It is aimed at developing your child's fundamental gymnastics abilities through floor, beam, and vault skill-building.



### TENNIS

#### AGES 4 - 11 YEARS

Develop your child's tennis skills and enjoyment of the sport as we have an 'ace' summer together.



### FENCING

#### AGES 5 - 8 YEARS

Overseen by two-time Olympian Fencing Head Coach, Lau Kwok Kin. Learn the basics of foil fencing through a series of activities, games and skill-building exercises to a competitive regime.



### KRAV MAGA (SELF DEFENSE)

#### AGES 5 - 8 YEARS

Through a specially designed training program and games-based activities, children are taught how to recognize common threats like bullies and kidnappers, and even dangerous situations like fire and natural disasters.



# VENUES ACROSS HONG KONG



# OPEN TO ALL



**We welcome both ESF and non-ESF students**

## About Us

For the last three decades, ESF Explore, a wholly-owned subsidiary of English Schools Foundation (ESF), has offered an immersive holistic education with a mission to inspire creativity, ignite learning and nurture all children in Hong Kong so they are equipped to become global citizens and leaders of the future. Today, we offer over 50 programmes in 22 ESF locations, and welcome almost 10,000 students every year.



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