



ESF Explore Summer Camp 2026

Half Day Camp (13 months - 14 years)



HK Island Wong Chuk Hang, Mid-Levels, Pokfulam, North Point

Kowloon Homantin

New Territories Ma On Shan, Clear Water Bay, Discovery Bay

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Sports Programmes

Programme(s)	Level(s)	Ages	Schedules	Week 1 29/6 - 3/7	Week 2 6/7 - 10/7	Week 3 13/7 - 17/7	Week 4 20/7 - 24/7	Week 5 27/7 - 31/7	Week 6 3/8 - 7/8
Basketball	Beginner	5 - 8 Years	Click Here	✓	✓	✓	✓	✓	
	Improver	9 - 12 Years	Click Here	✓	✓	✓	✓	✓	
Football	Beginner	5 - 9 Years	Click Here	✓	✓	✓	✓	✓	
	Improver	10 - 11 Years	Click Here	✓	✓	✓	✓	✓	
Gymnastics	Beginner	5 - 6 Years	Click Here	✓	✓	✓	✓	✓	
	Improver	7 - 8 Years	Click Here	✓	✓	✓	✓	✓	
	Advanced	9 - 10 Years	Click Here	✓	✓	✓	✓	✓	
Multi-Sports	Parent & Child (Accompanied) (SC0)	3 - 4 Years	Click Here	✓	✓	✓	✓	✓	✓
	Beginner (SC1)	5 - 6 Years	Click Here	✓	✓	✓	✓	✓	✓
	Improver (SC2)	7 - 8 Years	Click Here	✓	✓	✓	✓	✓	✓
	Advanced (SC3)	9 - 11 Years	Click Here	✓	✓	✓	✓	✓	✓
	Game Changers (SC4)	12 - 14 Years	Click Here	✓	✓	✓	✓	✓	✓
Swimming	Beginner	3 - 7 Years	Click Here	✓	✓	✓	✓	✓	
	Improver	5 - 9 Years	Click Here	✓	✓	✓	✓	✓	
	Advanced	7+ Years	Click Here	✓	✓	✓	✓	✓	
	Squad	10+ Years	Click Here	✓	✓	✓	✓	✓	
Tennis	Beginner	4 - 6 Years	Click Here	✓	✓	✓	✓	✓	
	Improver	7 - 9 Years	Click Here	✓	✓	✓	✓	✓	
	Advanced	10 - 12 Years	Click Here	✓	✓	✓	✓	✓	